



# Best Jobs - Worst Jobs

## **Best Overall Jobs:**

**Financial Planner**  
**Web Site Manager**  
**Computer Systems Analyst**  
**Actuary**  
**Computer Programmer**

## **Worst Overall Jobs:**

**Ironworker**  
**Cowboy**  
**Lumberjack**  
**Oil Field Roustabout**  
**Fisherman**

## **Least Stressful Jobs:**

**Medical Records Technician**  
**Janitor**  
**Forklift Operator**  
**Medical Instrument Repairer**  
**Florist**

## **Most Stressful Jobs:**

**Surgeon**  
**Race Car Driver**  
**Senior Corporate Executive**  
**Firefighter**  
**President of the U.S.**

## **Best Working Environment:**

**Statistician**  
**Mathematician**  
**Computer Systems Analyst**  
**Hospital Administrator**  
**Historian**

## **Worst Working Environment:**

**Taxi Driver**  
**NFL Football Player**  
**Race Car Driver**  
**Firefighter**  
**President of The U.S.**

## **Best Income**

<b>NBA Basketball Player</b>	<b>\$2,587,264</b>
<b>Major League</b>	
<b>Baseball Player</b>	<b>\$1,668,257</b>
<b>NFL Football Player</b>	<b>\$1,120,478</b>
<b>Race Car Driver</b>	<b>\$ 489,844</b>
<b>President of the U.S.</b>	<b>\$ 400,000</b>

## **Worst Income:**

<b>Cashier</b>	<b>\$ 16,069</b>
<b>Dressmaker</b>	<b>\$ 16,069</b>
<b>Bartender</b>	<b>\$ 15,067</b>
<b>Dishwasher</b>	<b>\$ 14,058</b>
<b>Waiter/Waitress</b>	<b>\$ 14,042</b>

## **Most Secure:**

**Web Developer**  
**Web Site Manager**  
**Computer Consultant**  
**Software Engineer**  
**Computer Systems Analyst**

## **Least Secure:**

**Football Player**  
**Fisherman**  
**Bricklayer**  
**Drywall Applicator/Finisher**  
**Garbage Collector**

*The illiterate of the future will not be someone who cannot read, it will be someone who does not know how to learn.*

*Alvin Toffler*

2002-2003 Delaware Career Compass, <http://www.oolmi.net/pub/CARCOMP2003.pdf>

\*Using data from the U.S. Department of Labor, trade groups, and telephone surveys, Jobs Rated Almanac ranked 250 jobs nationally according to six criteria: income, stress, physical demands, potential growth, job security, and work environment. What may surprise you is the jobs many aspire to-movie star and star athlete-are not the best jobs. They have little job security and a high level of stress. The job of Financial Planner, with less stress, high income, and plenty of time off, is at the top of the list. The worst ranked were many labor jobs in traditionally troubled fields such as lumberjacks, oil field roustabouts, and fishermen. The top 10 ranked jobs were all in math or computer-related fields.



For more local information on what might just be your ideal job, pick up a copy of Job Notes and look inside.  
You'll find a wealth of occupational information waiting for you.  
The Career Planning Table will be especially helpful in exploring your dream job.